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American Addiction Centers



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Recovery is an
all-encompassing
commitment
to wellness.



I absolutely love what we do at American Addiction Centers and take personal pride in the progress of those we help to break free from the heavy chains of addiction. As a national leader in addiction treatment and rehabilitation, AAC, with facilities located across the country, offers exceptional clinical programs to those in need.

In this brochure, we'll introduce you to our unique treatment philosophy rooted in the 5 Essential Elements I developed during my almost 20 years in the behavioral and mental health profession, an approach that has helped tens of thousands of people find their way to recovery. By applying these 5 elements, we believe everyone can beat their addiction.

Our clinical staff, medical specialists, and executive teams are caring, seasoned experts who understand the importance of integrated treatment programs customized to an individual's mind, body, and spirit. From initial assessment to aftercare, all of our facilities offer nurturing environments that foster successful recovery.

Sincerely,

A handwritten signature in black ink that reads "Michael T. Cartwright". The signature is written in a cursive, flowing style.

Michael Cartwright
Chairman



The AAC Mission

Our mission is to provide quality, comprehensive, compassionate, and innovative care to adults struggling with alcohol and/or drug conditions and mental/behavioral health issues. Through research-based and empathetic care we instill hope that long-term recovery is possible. Our purpose and passion is to empower the individual, his/her family, and the community through the promotion of optimal wellness of the mind, body, and spirit.

The Disease of Addiction

Integral to our mission is the fact that addiction is a treatable disease, as are its associated medical, psychological, and social issues. Addiction signifies a physical dependency on drugs and/or alcohol. Depending on the drug of choice, the disease can take control quickly or gradually over time. Regardless of the drug of choice, the disease wreaks havoc on the user's life and the lives of his or her loved ones.

It is truly possible to become addiction-free and enjoy a healthy, satisfying life. In order to establish a foundation for ongoing recovery, one must not only recognize and accept the need for chemical abstinence but also undergo changes in attitude, behavior, lifestyle, and values.





Admission Process

- 01** Your Treatment Consultant will work with you to complete a pre-admission assessment. This is a 15- to 30-minute clinical evaluation of your or your loved one's addiction history and behavioral health issues.
- 02** Once we collect your insurance and financial information, we will verify your insurance benefits (if you choose to use insurance). Next we walk you through your payment options, matching you to the facility that best fits your needs.
- 03** We help you coordinate and book travel arrangements to the facility. We typically admit clients to facilities within 24 hours of the initial call. Your Treatment Consultant will stay in contact with you and/or your family to ensure the admission process runs as smoothly as possible.
- 04** Your Treatment Consultant will stay in contact with the facility and its transportation staff, all of whom receive flight schedules and travel information. We arrange for you to be picked up from the airport and driven to the facility, where staff will greet you.

Levels of Care

AAC offers a full spectrum of treatment services to each client, based on his or her individual needs as assessed through comprehensive evaluations at admission and throughout his or her participation in the program.

The five Levels of Care (listed below in order of intensity) are found among the facilities in the American Addiction Centers network.

Medical Detox Detox is the highest level of care because it involves medical monitoring of the withdrawal process so the body can safely heal from chemical dependency.

Residential Treatment (RT) RT is the inpatient treatment of clients who have been medically cleared and whose withdrawal symptoms have stabilized. Residential clients reside at our facilities and are monitored 24/7.

Partial Hospitalization Program (PHP) PHP is a structured program providing care at least five days a week for no less than six hours per day. The purpose of PHP is to move clients away from around-the-clock supervision and allow them more "real-life" experience in the community.

Intensive Outpatient Program (IOP) Our IOP provides care for 3-6 days a week, three hours a day, at minimum, allowing clients greater access to the community.

Outpatient Program (OP) Our OP allows the client to attend onsite individual and/or group therapy for approximately one hour, 1-2 days a week.

Desert Hope



Located in Las Vegas, Nevada, Desert Hope provides all levels of care (Detox, RT, PHP, and IOP) to adult men and women struggling with substance abuse and behavioral health issues. Desert Hope offers traditional therapies including group, family, and individual, as well as recovery-oriented challenge and expressive therapies, personal training, and EMDR.

Desert Hope maximizes the probability of sustained recovery with tailored treatment plans and by providing services, such as meals prepared by our professional chef, and various spa amenities for the complete restoration and balance of mind, body, and spirit.



A former luxury spa retreat in Dallas, Texas, Greenhouse provides all levels of care (Detox, RT, PHP, and IOP) to adult men and women struggling with substance use and co-occurring disorders. Each client is assigned a primary therapist and works closely with a supportive multidisciplinary treatment team.

Our program includes daily research-based education, recovery-oriented challenge and therapeutic groups, and weekly one-on-one counseling sessions – plus personal training, yoga, meals prepared by our professional chef, recreational activities, indoor and outdoor pools, wet and dry saunas, and more, all within a serene environment of luxury and healing.



River Oaks is a premier addiction treatment facility located near beautiful Tampa, Florida. Our treatment facility provides all levels of care (Detox, RT, PHP, and IOP) to adult men and women struggling with substance abuse and co-occurring mental health disorders.

Each client follows an individualized treatment plan and receives encouragement from our multidisciplinary treatment team, including a primary therapist. Special amenities such as yoga, massage, and personal training sessions are also available.

This facility is CARF accredited.



San Diego Addiction Treatment Center



San Diego Addiction Treatment Center is an all-male facility located in downtown San Diego. It offers all levels of care (Residential Detox, RT, PHP, and IOP) for those struggling with drug and/or alcohol addiction. Clients will find a nurturing environment, caring staff, and an individualized treatment approach to support them on their path to recovery.

Our clinical model also features a strong community integration component. Clients are encouraged to participate in community-based activities, from attending 12-step meetings to working out at the local gym. These staff-supervised opportunities are a great way for our clients to experience real-life triggers and practice personal accountability, while still receiving the support they need to ensure their success.

This facility is CARF accredited.



Across two South Florida locations, Recovery First provides a full continuum of services including Detox, Residential, PHP, IOP, Aftercare and Alumni for adult men and women struggling with substance abuse and behavioral health issues.

Through our research-based and empathetic care, Recovery First instills the hope for each client that long-term recovery is possible. Our purpose and passion is to empower the individual, family, and community through promotion of optimal wellness of the mind, body, and spirit. Additional services include psychological testing and ongoing holistic healing services. Clients also enjoy frequent outings to local attractions, including the local parks and beaches.



Townsend Recovery
Center New Orleans

Townsend Recovery
Center Scott



NEW DETOX HOSPITAL OPENING IN NEW ORLEANS FALL 2017

Townsend Recovery Center, located near Lafayette, Louisiana, is a private residential treatment and medical detox facility for adult men and women struggling with addiction. Our philosophy blends the highest quality of medical care with compassionate counseling in a safe environment. We have a proven track record of helping people heal and improving quality of life.

At Townsend Recovery Center, we use our physician-led proprietary treatment methods known as the 'Townsend Way'. We treat addiction as a chronic disease of the brain. While it can't be cured, it can be medically managed. That's our goal. We use a combination of genetic testing, disease monitoring, medications, and therapy to treat addiction. We customize your treatment plan based on your biological and genetic components to ensure you feel better fast.

This facility is CARF accredited.



Oxford Treatment Center



Oxford Treatment Center operates a residential center near Oxford, Mississippi, and outpatient centers in Oxford, Tupelo, and Olive Branch, MS. Oxford Treatment Center provides all levels of care (Detox, RT, PHP, IOP, and OP) to adult men and women struggling with substance abuse issues and co-occurring disorders.

Our main property is a 110-acre residential treatment center situated in a peaceful, wooded setting. The campus includes a main lodge, medical services facility, client cabins, fitness center, equestrian center, and outdoor pavilion, all encircling a large private lake.



Clinical Services of Rhode Island



Clinical Services of Rhode Island (CSRI) operates facilities in Greenville, Portsmouth, and South Kingstown, Rhode Island. CSRI provides treatment services for adult men and women struggling with addiction and behavioral health issues. Our levels of care include Outpatient Detox, IOP, and OP programs.

CSRI offers a full spectrum of treatment services, based upon the client's individual needs as assessed through comprehensive evaluations at admission and throughout participation in the program.

This facility is CARF accredited.



Sunrise House



Sunrise House is located on 22 acres in the peaceful mountains of Sussex County, New Jersey. For over 30 years, our staff has been dedicated to helping men and women struggling with substance use and co-occurring disorders by providing a full continuum of care (Detox, RT, PHP, IOP, and OP). Each client works with a multidisciplinary treatment team of medical, psychiatric, nursing, and addiction professionals to develop a tailored treatment plan. We also provide weekly onsite 12-Step and aftercare meetings, monthly sobriety celebrations, and other alumni services.

Sunrise House is a 100% union staffed addiction treatment facility. Staff are represented by The Health Professional and Allied Employees (HPAE) union. With over 12,000 members, HPAE is the largest union of healthcare professionals in New Jersey.

This facility is CARF accredited.



Laguna Treatment Hospital



At the Laguna Treatment Hospital located in the California town of Aliso Viejo, we offer three levels of structured rehabilitation care (Medical Detox, Inpatient Rehabilitation (IR), and Residential Treatment (RT) programs) for adult men and women struggling with addiction and co-occurring mental health disorders.

Our distinctive substance abuse program is situated in a calm atmosphere near Southern California's legendary Laguna Beach and features individualized treatment for your loved one including compassionate, empathetic care and encouragement from experienced medical staff, nurses, and therapists.



Solutions Recovery



Solutions Recovery is an addiction and treatment program facility that offers a complete spectrum of services including: Medical Detox, Partial Hospitalization Program (PHP), Residential Treatment (RT), and Intensive Outpatient Program (IOP) levels of care and therapy for adult men and women struggling with addiction and co-occurring mental health disorders. Located in Las Vegas, Nevada, we provide a holistic approach and a treatment plan that has been customized for your individual needs.

While relaxing in the supportive environment of residential care, and receiving the necessary medical and clinical attention, you or your loved one can enjoy the comfort of an upscale residence that is amply furnished and a caring environment for healing.

This facility is Joint Commission accredited.



Townsend Treatment Center



We provide outpatient programs and ambulatory detox for those not requiring medical detox or a residential level of care. We offer services at our facilities across the state of Louisiana in Baton Rouge, Covington, Houma, Lafayette, Lake Charles, Metairie, and New Orleans.

At Townsend Treatment Centers, we use our physician-led proprietary treatment methods known as the 'Townsend Way'. We look at addiction as a disease of the brain. Addiction can't be cured, but it can be medically managed. That's our goal. We customize your treatment plan to help you medically manage the disease of addiction by incorporating your biological and genetic components to ensure you feel better fast.



OP • LAS VEGAS, NV



Located in Las Vegas, Nevada, Desert Hope Outpatient Center provides Intensive Outpatient Program (IOP) services and Outpatient Program (OP) treatment for adult men and women struggling with addiction and co-existing mental health disorders.

Our multidisciplinary programs use research-based addiction therapies, individualized treatment plans, and the principles of 12-Step recovery to treat the whole person. Our programs address the unique needs of our clients by partnering with family, loved ones, and sober community resources throughout the treatment process and into recovery.

This facility is Joint Commission accredited.



Greenhouse

OP • ARLINGTON, TX



Greenhouse Outpatient Center, located near Dallas, Texas, provides Partial Hospitalization, Intensive Outpatient, and Outpatient programs for adult men and women struggling with substance use and co-occurring mental health disorders.

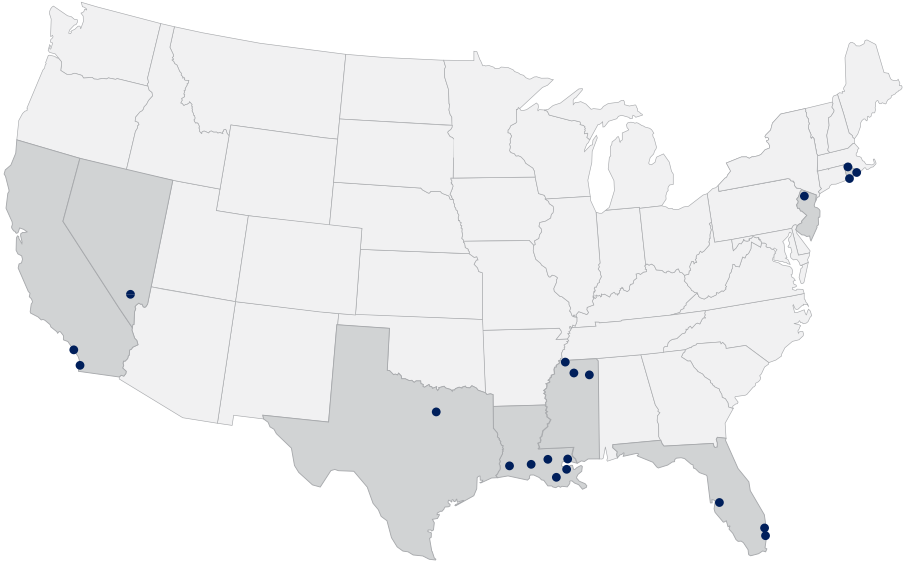
Our integrated philosophy of treating the whole person addresses the unique circumstances of each individual. Whenever possible, our team of licensed professionals will partner with the client's family, loved ones, and community resources throughout the treatment process.

When Someone Needs Help, We're Near

We have facilities located across the United States.

Each facility offers its own unique environment and services.

All offer believable hope to people in need.



California



Louisiana



Mississippi



Nevada



Florida



Texas



New Jersey




Rhode Island





“It’s not about dwelling on the negative... you have an addiction or what you did while you were addicted, but it’s about moving forward.”

– Todd, Desert Hope Alum



“After being physically dependent on drugs and alcohol for so long, the freedom of recovery is amazing.”

– Susan, Oxford Treatment Center Alum

“This place saved my life and I am forever grateful for that...I can't ever thank them enough.”

– Andrew, Greenhouse Alum



For more information about our facility accreditation please visit AmericanAddictionCenters.org.

BD STICKER



American
Addiction Centers

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